

# DROPOFF LEARNING LAB!

## **THE LEARNING CENTER COVID 19 CDC GUIDELINES AND POLICY**

- We are here to Help Stop the Spread of COVID-19 in Children
- These are what we are doing to Protect Children During a COVID-19 Outbreak

Based on available evidence, children do not appear to be at higher risk for COVID-19 than adults. While some children and infants have been sick with COVID-19, adults make up most of the known cases to date.

### **We are constantly Watching your child for any signs of COVID-19 illness**

COVID-19 can look different in every person. People can get a fever, cough, or have a hard time taking deep breaths. Most people who have gotten COVID-19 have not gotten extremely sick. Only a small group of people who get it have had more serious problems.

CDC and partners are investigating cases of multisystem inflammatory syndrome in children (MIS-C) associated with COVID-19 Please take the appropriate steps to help us keep our children protected. We will be monitoring this through checking for fevers on arrival and throughout the day. We are also going above and beyond by checking your children's vital signs through a fingertip oxygen saturation monitor. It is a small device we place on their fingers throughout the day that shows the oxygen level of the child, this will keep us ahead in monitoring for the MIS found in children who may have underlying health issues.

### **We also Follow these every day to be preventive and help the children stay healthy:**

- **We keep clean hands:** using soap and water or alcohol-based hand sanitizer. We have the children wash hands through out the day and encourage them to use hand sanitizer when handwashing is not available.
- **Social distancing between the children.** We will have one child at each table and distance each table six feet apart. When the children are not at the tables,

we minimize the number of children in other areas during free play, reading, fine motor and gross motor activities.

- **Children 2 years and older should wear a mask** over their nose and mouth when in public settings where it is difficult to practice social distancing. This is an additional public health measure we are taking to reduce the spread of COVID-19. We will be asking children to wear masks in all group activities except when doing active activities with fast quick movements, like bouncing and sliding.
- **Clean and disinfect high-touch surfaces daily** (like tables, hard-backed chairs, doorknobs, light switches, handles, desks, toilets, sinks, toys and play structures).
- We also make sure your children are up to date on well-child visits and immunizations and ask for this on registration of your child for the program.
- **We also limit in-person playtime with other children.** We do this by managing the group sizes and spreading the choices out throughout the Learning Lab.
- **We have a high quality, fresh air HVAC system** that pumps in fresh air & scrubs air in our space.

CDC recognizes this pandemic has been stressful to many and that socializing and interacting with peers can be a healthy way for children to cope with stress and connect with others. However, the key to slowing the spread of COVID-19 is to limit close contact as much as possible. It is important to understand potential risks and measures that we can take to protect both our staff and families in the program.

It is an important guiding principle to remember is that **the more people children interact with, and the longer that interaction, the higher the risk of COVID-19 spread.** While children may be spending time with other people as they return to daycare or school settings, it is important to remember that exposure to additional children and adults outside of daycare or school should be managed to decrease risk, this will also help us keep the risk to a minimum within the program.

The reason we are offering this program during such a troubling time is because we recognize how important it is for children to have social interaction, a structured day, and how important it is for the children to still benefit from distant learning. We want to help the parents and schools give the children the tools and foundation for a child to independently flourish through this time when distant learning is so prevalent.

#### **Here is how we are trying to help your children while remote learning:**

- Many schools are offering lessons online learning. We are asking the parents to review assignments from the school and help your child by establishing a

reasonable schedule for completing the work. We are here to assist your child while doing remote learning. Our site director, group leaders and director are here to coach your child during the process and help them reach education goals.

- We also feel it is important to communicate the challenges with one another. The parents and staff are a team, here to support the child. We will let you know if any issues arise.

**This is how you can help us make this as routine and beneficial as possible for your child:**

- Have consistent bedtimes and get up at the same time, Monday through Friday.
- Please make sure the children are eating well and pack fun and healthy lunches and snacks.
- Pack a refillable water bottle so your child can drink lots during the day.
- Please make a schedule for your child to follow during distant learning.
- The transition from home to The Learning Lab will be different for elementary and middle school students. Talk to your child about expectations and how they are adjusting. Communication during this time is key.
- Consider ways your child can stay connected with their friends without spending time in person.

Thank you so much for choosing the learning lab!

I understand that the staff at the Learning Lab at Cowabunga's are taking measurable precautions to protect my child. As a parent I understand that even with the precautions, there is still a chance my child could contract COVID-19 and as a parent I have read and agreed to what this program is doing and what they are asking of me.

Parent/guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_